Password Managers
A Quick Tour, and Why You
Should Be Using One

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**PATACS / OPCUG Joint Meeting** 

2020 July 18

**Epsilogix** 



### **About Today's Presentation**

- You may see or hear things that give you cause for fear
- "FUD" is a tactic that has been used to sell you things for most of your life
  - IBM was famous for this decades ago; and it uses suggestive thoughts designed to encourage the feelings of:
    - Fear
    - Uncertainty
    - Doubt
- I have nothing to gain here, except your understanding of solutions which could help you navigate a world of scary people who want what you have
- The realm of Security is the one place where FUD can call you to action BEFORE an emergency arises

### What Is A Password Manager?

- Any mechanism that allow you to track and store the many passwords you have today:
  - A leaky memory (mine and yours!)
  - A legal pad
  - A stack of Post-It notes
  - An Excel spreadsheet
  - A software tool designed expressly for this purpose
- What defines the better or worse characteristics of each of these?
  - How many passwords do you have today?
  - Which methods securely store your data?
  - Which methods allow you access from multiple locations?

- We have far more accounts than we needed just a few years ago:
  - Mortgage/Rent
  - Electric
  - Gas
  - Water
  - HOA
  - Shopping (dozens!)
  - Credit cards (dozens!)
  - Internal Revenue Service
  - Social Security Administration
  - Department of Motor Vehicles
- Banking Epsilogix.com

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  - Department of Motor Vehicles

I currently have over 100 accounts that support my *personal* life.

If I include my *professional* life, the number today is **457**.

If I include my *customers*, the number today is 1,554.

<sup>•</sup> Banking Epsilogix.com

- Security breaches happen nearly every week:
  - https://haveibeenpwned.com/
    - If you don't know about this site and its author Troy Hunt, you should
    - Register your email with it, and trust what it tells you (many well-known companies do!)
      - 456 pwned websites
      - 9,824,438,995 pwned accounts
      - 113,658 pastes
      - 194,613,392 paste accounts
  - In my own case, 16 breached sites, including:
    - Adobe
    - Canva
    - Dropbox
    - Evite
    - Kickstarter
    - LinkedIn

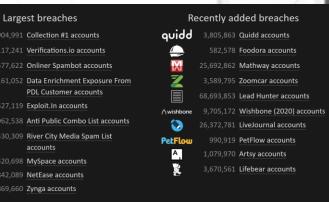


- How many sites do you use that support (or even require) two-factor authentication (2FA)?
  - Does your current password manager support 2FA?
  - Most can contain simple lists of pre-authorized codes
  - Some can handle 2FA calculation methods
- Your phone is commonly used as the second authentication method, but what happens if you lose or cannot otherwise access your phone?
  - You might lose access to your online banking!
  - In many cases, you have no choice, so fix what you can and leave the rest
- Note: ANY version of multi-factor authentication is superior to using only a password

- Do you know what a "Dictionary Attack" is?
  - This is an attack that collects email addresses in one column and compromised passwords in another column

• Each email address in the first column is paired with every one of the passwords in the second column, one at a time

- The largest collections of these contain hundreds of millions of email addresses alone
- Do any of your passwords get reused in more than one place?
  - Unless your answer is ABSOLUTELY NOT, you are at risk
- Does your current password management method warn you when a password you are using today has been reported as a breached password?



- There are more ways you could find yourself in trouble
- If the previous slides have not already convinced you, there is little point in continuing
- There are methods that plan to eliminate passwords altogether
  - Biometrics are simple and easy, but privacy advocates know that authorities can forcibly compel you to unlock anything that was locked with biometrics
  - Dongles are physical "keys" that plug into your device and are very safe, but sometimes very clumsy, and don't necessarily plug into every device you have
  - Automatic login without a password: SQRL works well, but is not widely adopted
  - Many more exist, but lack of widespread support creates its own problem

### **A Partial List Of Password Managers**

1Password

Keeper

Safari

Apple Keychain

LastPass

Sticky Password

BitWarden

LogMeOnce

True Key

Chrome

McAfee

Zoho Vault

Dashlane

MyKi

Firefox

Norton 360 Deluxe

Kaspersky

Password Boss

KeePass

RoboForm

### What Should A Password Manager Do?

- Capture your password automatically
  - If you must do it manually, it significantly increases the chances of an error
- Store it somewhere
  - Secure storage is a good option, but it is an option you have to seek out
- Populate your web page or mobile app userid/password when needed
  - Why not also make filling out form fields easier?
- Provide some level of management oversight
  - Import/Export/View/Edit/Evaluate/Warn/etc.
- Allow you to access and use your data on more than one platform
  - Because you HAVE more than one platform
- Provide all of that while only requiring you to remember a single password

#### **Browser: Chrome**

- Not a Password Manager, but a feature built into the Chrome browser
- Synchronization provided: Yes, only to Chrome browsers on other platforms
  - Provided when "Allow Chrome sign-in" is enabled, and you are signed into Chrome
- To access:
  - Click on 3-dot menu in the upper-right corner



- Click Settings
- · Click Autofill in left menu
- Click Passwords
- Enable "Offer to save passwords"
- Enable "Auto Sign-In" if you wish
- Click the "eye" icon to view any password



#### **Browser & Product: Firefox Lockwise**

- A feature built into the Firefox browser AND a minimal Password Manager
- Synchronization provided: Yes, to Firefox browsers on other platforms
  - Provided when "Sign-in to Sync" is enabled, and you are signed in
- Lockwise is available separately on iOS and Android



- To access in Firefox:
  - Click on "hamburger" menu in the upper-right corner



- Click Logins and Passwords
- Firefox Lockwise opens
- Click the "eye" icon to view any password



#### **Browsers: Beware!**

- Browsers store their passwords silently, so there is little indication that anything is happening
- A desktop computer was setup as a kiosk in an office, and the browser was used to make payments by at least 40 people, including me
- When I mentioned this to the Manager, telling her how many sets of credentials were stored that, I received a completely blank look
- I deleted all of them myself
- Browsers that manage passwords do so by default, so you must remember to disable those features you don't want.
- Be careful, because Microsoft (and possibly others) may reset those options during the application of service

#### **Product: 1Password**

- Supports Windows, macOS, Android, iOS, and popular browsers
- Watchtower feature identifies password issues, including weak, duplicate, and known vulnerable (breached) passwords
- Tag feature allows organization of data any way you want it



- Organization supports multiple password vaults, which can be easily shared
- Supports 19 different content types, including documents
- Syncs between multiple devices (paid subscription)
- Credential filling requires a little practice, then becomes easy
- Supports Universal Second Factor (U2F) hardware keys
- No free version, but there is a 30-day free trial

#### **Product: Dashlane**

- Supports Windows, macOS, Android, iOS, and popular browsers
- Password Health feature evaluates your passwords, including weak and known vulnerable (breached) passwords
- Supports Universal Second Factor (U2F) hardware keys
- Syncs between multiple devices (paid subscription)
- Supports Authenticator-type 2FA
- Contains a built-in VPN of reasonable quality (paid subscription)
- Establish an Emergency Contact for... emergencies!



#### **Product: LastPass**

- Supports Windows, macOS, Android, iOS, and popular browsers
- Free version has capabilities of many paid versions
  - Unlikely to need the premium version
- Actionable password strength report

- LastPass ••• I
- Organization supports nested folders only
- Establish Emergency Contacts for... emergencies!
- Better (but not perfect) form filling capability

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#### **Product: RoboForm**

- Supports Windows, macOS, Linux, Android, iOS, and popular browsers
- Oldest product, has the most robust form filling capability
- Can also provide passwords for Windows applications
- Security Center identifies weak and duplicate passwords
- Syncs between multiple devices (paid subscription)
- Establish Emergency Contacts for... emergencies!
- Limited 2FA support

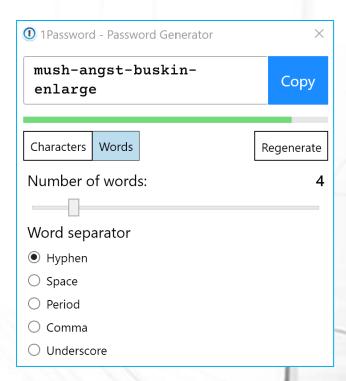


### You Have A Tool, Now What?

- Learn how to use it:
  - They all behave differently
  - Some autofill everything, some don't autofill anything
  - Check ALL the product options to see if any need to be changed
    - Always disable auto-login; it is a security risk (as well as an occasional pain)
  - Test your synchronization
    - I dropped one subscription product after 2 years because sync kept failing
- Desktop/Laptop/Mobile browsers:
  - You may need to install a browser extension to use it efficiently
  - One product requires you to use their own browser (I don't care for their browser)
- Mobile devices:
  - Android and iOS platforms require a one-time setup step to allow your new tool to interact with your phone's applications
  - On my phone, the very first time I sign in with a new app, I must designate the correct stored password for this app, because there is no URL to parse

#### What Else Do You Need?

- Passwords!
- Password Generator
  - Very nice feature to have, as it easily resolves most (but not all) of the issues with creating new passwords
  - It's common for one product running on different platforms to have different defaults for the passwords they generate
- A few Password Managers which support this feature:
  - 1Password
  - Dashlane
  - LastPass
  - RoboForm



### **Password Policies & Tips**

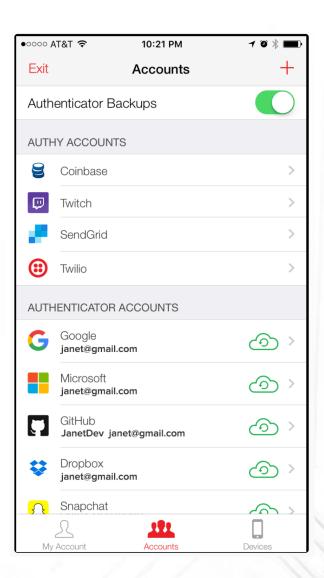
- In the beginning, there was no standard password policy
- A few years ago, an expert suggested the use of mixed-character passwords
  - They are very hard to remember, hard to type, and not really very good
  - The expert who suggested this policy now regrets it
- What is the one factor that best determines the strength of a password?
  - Length. Not complexity, use of mixed characters, etc.
- Tip: Passphrases

mush-angst-buskin-enlarge

- Long strings of random words connected by a standard character of your choice
- Tip: Password stuffing
  - Using a character (or string) of your choice to make a password longer

#### What Else Do You Need?

- Two-factor authentication (2FA)
  - Your phone
    - Common, but not always the best choice
  - Authy (free)
    - iOS, Android, MacOS, Win32, Win64, Linux
    - Syncs across multiple devices
    - Supplies 2FA guides for use with many sites
    - Supports backup/restore
  - Google Authenticator (free)
    - iOS and Android
  - Microsoft Authenticator (free)
    - iOS and Android
  - Many, many more



#### What Else Do You Need?

- Patience
  - Many web sites do not clearly delineate their password policies:
    - "At least 8 characters"
      - · Surprisingly, they frequently limit the length
    - "At least 1 special character"
      - Yes, but which ones are allowed?
    - "At least 1 lower-case and 1 upper-case letter"
  - When they do display a password policy, it may well be wrong
    - The people who are coding these pages are not senior people, and frequently make mistakes in the implementation
    - Many pages were coded more than a few years ago, and won't be changed
    - You are trying to push them into the 21<sup>st</sup> century, so you will see this often

# Really, Why Use A Password Manager?

- It automates much of what you do anyway
- It allows you to create, store, and manage many passwords
- It allows you to create, store, and manage data other than passwords
  - Credit cards, passports, documents, notes, license keys, and more
- Secure storage means you can retrieve YOUR data when you need it
- What does secure mean?
  - If I lose the master password, they can't recover the data
    - This is the correct answer!
  - I can store data without concern for sensitivity

#### **Can I Get All Those Features For Free?**

- A number of products are available with a free version
  - Sync capability is the usually the first feature to be discarded for free accounts
- The best products have the best features, but also charge a premium
  - Yearly subscription costs range from \$11-\$90
  - \$35 will get you an excellent product that you can depend on
  - Some products have "Family" options, so you can manage all the passwords everyone needs, and decide who gets to use them
- Take the time to check the reviews on the next slide
  - Once you have an idea of the features you want, they are easier to work through
- This is the best use case I know for actually having a subscription

### **Password Manager Reviews**

- Consumer Reports March 2020
  - https://www.consumerreports.org/password-managers/best-password-managers-review-digital-security-privacy-ease-of-use/
- PC Magazine July 1, 2020
  - https://www.pcmag.com/picks/the-best-password-managers
- CNET June 29, 2020
  - https://www.cnet.com/how-to/best-password-manager-to-use-for-2020-1password-last-password-more-compared/
- PC World May 28, 2020
  - https://www.pcworld.com/article/3207185/best-password-managers-reviewsand-buying-advice.html

# **Questions?**

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