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My “brand”: High Performance Aging find on Facebook also my personal page: Cherie Tripp Lejeune

Siri or Google Voice—lots of additional HOW TO USE info available on: YOUTUBE, always google, even.well But My motto is try and try and you will learn how to make it work for you. One point is ... how you ask. Remember try to rephrase your ASK if it doesn't give you an answer (that is a reasonable question) The quantity of stored data for this technology is vast Example: TIPPING (Siri is a good mathematician BTW) I asked Siri what is 20% of 32 (did not say dollars) and got a response that was not what I wanted. Then I asked Siri was is 20% of \$32 and got \$6.40! Again, practice, practice, practice.

OPCUG presentation extras

“Alexa” family of devices all from Amazon:

Amazon Echo --Amazon Tap --Amazon Dot

Go to: <https://www.amazon.com> search “echo”. You can also get all the tech info with videos on the devices on Amazon. And plenty of smarty pants “experts” have comments on google.

SOON...as in the next few days due to Holiday Sales—check in daily for they WILL drop the price for at least 24 hours. My favorite is the TAP (\$129) —for its portability and decent speaker. If you want a spare, the dot is great for the bedroom and it is currently \$49.95

Look into Amazon Prime also—best \$99 a year I spend, seriously!

Remember new Alexa competition: Google Home: \$149 currently—did not win a Vet from CNET against Alexa..but close.

Virtual Reality / VR. New world, next BIG leap. It will provide great health benefits, entertainment, general education.

Google for vendors selling the goggles.

Prices will drop, promise soon and listed doesn't mean you could not get them cheaper through some outlets. And yes, you can get the cardboard ones...but again please read about VR and Warnings to make sure you are health “cleared” to try out—GABE provided these links:

- <https://vr.google.com/cardboard/product-safety/>
- <http://vriew.com/warnings/>

My top 3: HTC vive \$799 Oculus Rift \$599.99 Samsung Gear \$99

Active Gaming that I am involved with Bluegoji.com digital devices (the blue magnetic strap I showed) that interact with games (16 you download). They also have 4 VR games out in a week. If you want more info on this contact me. Yes Ashby Ponds and Green Spring both demoed them, successfully and had FUN.

Related info on active gaming, related:

Dr Adam Gazzaley <http://www.today.com/video/can-video-games-help-aging-brains-stay-young-624513603617>

My experience: <https://www.linkedin.com/pulse/day-i-remembered-cherie-lejeune>

WAPO story (this group One caring (flogging phone calls to isolated relatives) their VR, not seen any vetting) <https://www.washingtonpost.com/news/the-switch/wp/2016/11/17/this-physician-is-using-virtual-reality-to-treat-patients-with-dementia/#comments>

Remember, I am available to consult, kibitz—cognition connections, my work motivation.